



# Landscape C of E Primary School

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## NEWSLETTER FRIDAY 25<sup>th</sup> SEPTEMBER

Dear Parents,

I hope everyone is settling in well to the routines of our new term. There certainly seems to be a 'buzz' in the air!

### DAILY PHYSICAL ACTIVITY

All the children have been really enjoying making use of the outdoors for physical activity and staff are aiming to make this part of everyday whilst we have our recovery curriculum in place. This is really helping to promote physical wellbeing alongside mental wellbeing on our return to school.

### COVID MEASURES

Thank you for the feedback we have received about drop off and collection. This is working well and is reducing the flow at the beginning and end of the day. We are pleased that our attendance remains high and the children are able to access learning and enjoy school. If, for any reason, you are running late in the morning and your teacher has taken the class in, please drop your child at the main school office rather than hoping the gates will still be unlocked. Our main priority is ensuring the children are safe, happy and learning. Thank you.

### SCHOOL VALUES & COLLECTIVE WORSHIP

Although unable to come together as a whole school, Collective Worship is taking place within class bubbles. The themes of 'new beginnings' and 'friendships' have helped support children in their transition to a new academic year.

Our reflective space ties in nicely with the current PSHE unit 'Being Me in My World.' We've talked about how our core values of trust and empathy can enable us to share worries, recognise when others might be feeling worried and identify times when friendship becomes even more important.

Over the first two weeks of term, the CPLE unit, based on Oliver Jeffers's book 'Here We Are', provided ample opportunities for children to explore our 'Windows, Mirrors and Doors' approach to developing spirituality. Together we have experienced some 'ows' and 'wows', reflected on what life feels like at the moment and responded in a variety of personal ways including writing notes, designing posters and striking poses!

Staff are in the process of planning Harvest Celebrations. This year we have decided to support a charity called 'Send a Cow', which will help children develop their role as global citizens. <https://sendacow.org/>



**Send a Cow**

### MENTAL HEALTH & WELLBEING

"Isn't it odd, we can only see our outsides, but nearly everything happens on the inside."



For the most part the children seem to be settling back into school well and have done brilliantly with adapting to new routines and expectations. We are supporting the children in their return to school life through our PSED teaching programmes, our Collective Worship sessions and our Here We Are Covid recovery curriculum -these all provide opportunities for the children to explore and discuss their feelings, thoughts and emotions in these ever changing, uncertain times.

We hope that you feel your child(ren) are thriving being back at school, but if you have any concerns about their wellbeing then please do let us know, we are here to help both them and you. Happy, settled children learn best!

I have included a link to an 'Every Mind Matters' clip from Newsround which maybe useful for children in class 4. Mrs Field  
<https://www.bbc.co.uk/newsround/54058778>



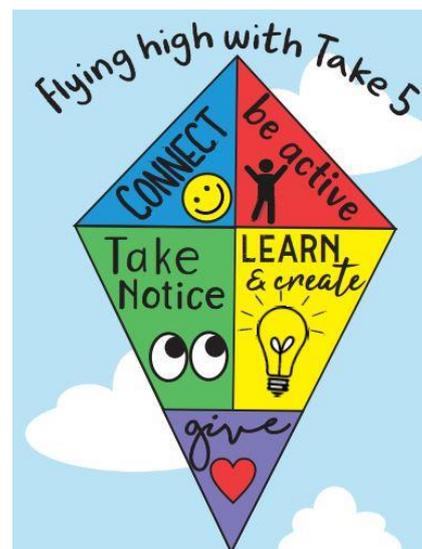


## WELLBEING FESTIVAL

Next week, Buckfast Abbey Education Team are hosting an online Take 5 Wellbeing Festival and Classes 2 and 4 are very excited to be taking part. There are workshops and activities centred around five actions for wellbeing. In the 'Connect' area, the children will be supported to connect with themselves and others, build emotional resilience and communicate their feelings in a positive way. The 'Be Active' area encourages physical activity as a way to support mental health and 'Take Notice' is all about engaging with nature and encouraging children to be still, to reflect and be aware of their surroundings. With 'Learn and Create', it is all about trying something new and setting goals and the 'Give' activities focus on looking out as well as in. Keep an eye on our Facebook page for updates throughout the week.

## SCHOOL DINNERS REMINDER

Please don't forget to order your child's school meals for next week if you haven't already done so, the ParentPay system will allow you to book meals 6 weeks in advance if you are feeling super-organised!



I think that's all the news so far.

Have a good weekend

*Jill Ryder.*

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